

# Advocacy Tactics:

Calling Policymakers

# A few things to keep in mind

Constituents are often asked to call policy makers to let them know how they feel about a proposed policy or piece of legislation. These calls should:

- Focus on upcoming legislative votes or time-sensitive issues.
- Be made by constituents that live in the area that the elected official represents (with limited exceptions).
- Be done respectfully, no matter what the response from the policymaker or a member of their staff may be.



# Calling policymakers

## When you call your policymakers, please be sure to:

- Identify yourself as a voter and provide details about where you live as offices track the number of calls they receive from constituents.
- Keep it short as most calls, including voicemails, should last no longer than two minutes.
- Be prepared with talking points or a script\*. For example...“My name is Jamie, I am a voter and a member of PFLAG in Portland, OR. I urge the Senator to vote against the Protection of Women and Girls in Sports Act, as it would hurt my family and families like mine.”

\*Some organizations, like PFLAG National, will provide these for you on key issues.

# Remember: Your voice is needed!

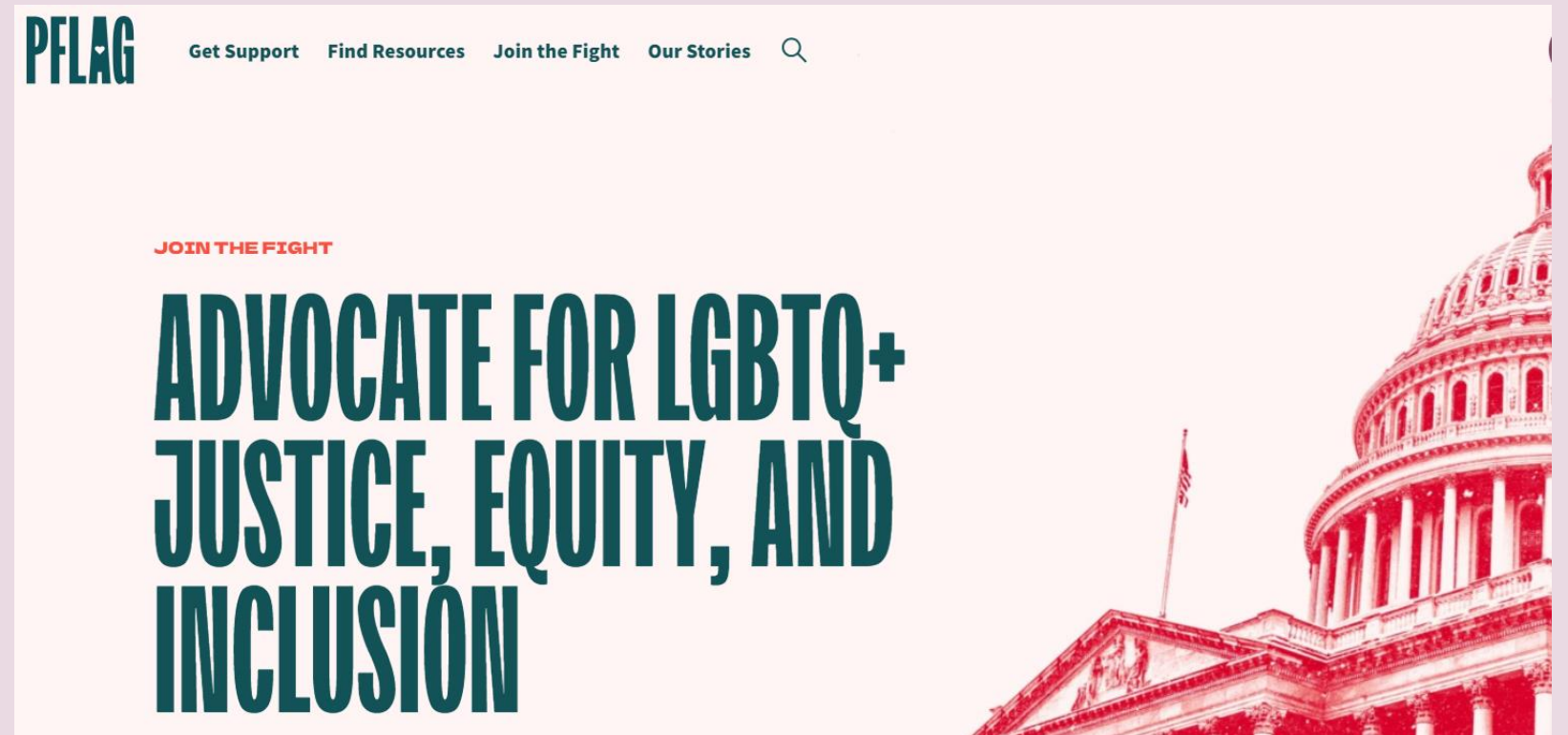
UNLESS SOMEONE LIKE YOU  
CARES A WHOLE AWFUL LOT, NOTHING  
IS GOING TO GET BETTER. IT'S NOT!

*-Dr. Seuss*



# [pflag.org/jointhefight](https://pflag.org/jointhefight)

Find advocacy tools for your PFLAG Chapter, resources to help you protect LGBTQ+ kids and families, and more!



**#PFLAGVOTES**



# THANKS YOU

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