



**Providing a safe, virtual,
moderated space where people
with shared experiences can
connect in community.**

Learn more at:

pflag.org/connects-communities



PFLAG Connects: Communities is a program of PFLAG National that gathers people of Latino, Black/African American, Asian American, Native Hawaiian and Pacific Islander, and Two-Spirit and Indigenous backgrounds—as well as military families, grandparents, dads, and families with gender-diverse loved ones—to create community, ask questions, and learn from others who have been through similar experiences. These meetings cater to parents and family members of LGBTQ+ people, and also welcome members of the LGBTQ+ community themselves. Each meeting is facilitated by members of the community who are either LGBTQ+ themselves or have a loved one who is LGBTQ+. The meetings are free to the public and do not require PFLAG National or chapter affiliation.

OUR MONTHLY MEETINGS

The first Wednesday of the month at 9pm ET / 6pm PT (Two-Spirit and Indigenous)

The first Thursday of the month at 9pm ET / 6pm PT (Latino)

The second Monday of the month at 9pm ET / 6pm PT (Military)

The second Tuesday of the month at 9pm ET / 6pm PT (Black/African American)

The third Monday of the month at 8pm ET / 5pm PT (Gender Spectrum Parent)

The third Tuesday of the month at 8pm ET / 5pm PT (Dads)

The last Monday of the month at 8pm ET / 5pm PT (Grandparent)

The last Tuesday of the month at 9pm ET / 6pm PT (AANHPI)